



## Person Specification

**Job Title**

**Physiotherapy Assistant**

### Qualifications



#### Essential

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| <ul style="list-style-type: none"> <li>• Good general education with a minimum of five GCSEs or equivalent to include English, Maths, and Science/PE</li> </ul> | A/I |
|---|-----|

#### Desirable

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|---|-----|
| <ul style="list-style-type: none"> <li>• Relevant healthcare related qualification, NVQ, Diploma, Degree etc</li> <li>• Qualification in gym, hydrotherapy/aquatic therapy</li> </ul> | A/I |
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### Key skills

#### Essential

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|---|-----|
| <ul style="list-style-type: none"> <li>• IT, maths and English skills to enable internal and external reporting obligations to be met</li> </ul>  | A/I |
| <ul style="list-style-type: none"> <li>• Ability to keep accurate records using both IT and written documentation</li> </ul>  | A/I |
| <ul style="list-style-type: none"> <li>• Ability to work proactively and innovatively under guidance of a Physiotherapist</li> </ul>  | A/I |
| <ul style="list-style-type: none"> <li>• Ability to work autonomously following physiotherapy set treatment plans on an individual basis and with small groups.</li> </ul>  | A/I |
| <ul style="list-style-type: none"> <li>• Good verbal and nonverbal communication skills, in order to be understood and allow clients to have effective physiotherapeutic input.</li> </ul>  | A/I |
| <ul style="list-style-type: none"> <li>• Be creative in approach to all areas of work, with an ability to adapt quickly and effectively to the needs of the client within individual treatment sessions.</li> </ul>   | A/I |
| <ul style="list-style-type: none"> <li>• To be able to undertake demanding physical activity in varying environments. E.g. supporting learners to carry out stretching activities; completing and demonstrating exercises in the hydrotherapy pool; supporting learners with poor balance in weight bearing positions; manual handling in multiple sessions per day in the gym and hydrotherapy (high temperature environment), including personal care.</li> </ul> | A/I |

#### Desired

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|---|-----|
| <ul style="list-style-type: none"> <li>• To have a basic knowledge of anatomy and physiology</li> <li>• To have aquatic therapy/hydrotherapy experience</li> <li>• A knowledge of Makaton or sign language</li> </ul> | A/I |
|   | A/I |
|   | A/I |

### Experience

#### Essential

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| <ul style="list-style-type: none"> <li>• Experience of working in a team</li> </ul>  | A/I |
| <ul style="list-style-type: none"> <li>• Experience of working independently</li> </ul>  | A/I |
| <ul style="list-style-type: none"> <li>• Ability to learn and gain qualifications, applying them in a work or other setting</li> </ul> | A/I |

#### Desirable

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|--|-----|
| <ul style="list-style-type: none"> <li>• Experience of working with people with complex needs</li> </ul>   | A/I |
| <ul style="list-style-type: none"> <li>• Experience of working with people with autism</li> </ul>  | A/I |
| <ul style="list-style-type: none"> <li>• Experience of engaging people with a Learning Disability</li> </ul>   | A/I |
| <ul style="list-style-type: none"> <li>• Experience of working with as a physiotherapist/assistant/technical instructor within a rehabilitation setting</li> </ul> | A/I |
| <ul style="list-style-type: none"> <li>• Experience of moving and handling and undertaking Physiotherapy/physical programmes.</li> </ul>                           | A/I |

### Knowledge

#### Essential

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|---|-----|
| <ul style="list-style-type: none"> <li>• Knowledge of the importance of record keeping, following policies and procedures and working within safe practice</li> </ul> | A/I |
|---|-----|



## Person Specification

Job Title

**Physiotherapy Assistant**

- Knowledge of safeguarding

A/I

### Desirable

- Knowledge of the role of Physio within a learning disability service
- Knowledge of the impact of a learning disability and long-term physical disabilities upon persons health and wellbeing.
- Knowledge of the importance of exercise in people with long term disability and learning disability
- Knowledge around adapted equipment
- Knowledge of Aquatic Physio

A/I

A/I

A/I

A/I

A/I

### Other personal requirements

#### Essential

- Reliable
- Self motivated
- Engaging
- Patient
- Empathetic
- Flexible to work extra hours when required

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#### Desirable

### ✓ How we intend to assess your match with our person specification

A Application Form

C Assessment Centre

I Interview