

PORTLAND PATHWAYS

PREPARING FOR WORK

SUPPORTING EMPLOYERS

REBUILDING MENTAL HEALTH

PROGRESS

IMPACT REPORT
2024/25




Portland
Pathways

INTRODUCTION

We are extremely proud of the huge impact Portland Pathways has within our community.

Pathways aims to support individuals to gain employment, and help businesses to recruit the right staff for their vacancies.

We also help our customers to develop their skills and prepare for employment. Our Rebuilding Mental Health courses, in partnership with Inspire Adult Learning, support people to improve their mental health.

This year has been a challenging year for our clients, with the cost of living crisis, mental health support is more crucial than ever before. We are proud of the impact we have, and this year we received 674 referrals, supported 114 people into work, delivered 1090 counselling sessions and enrolled 324 people onto our Rebuilding Mental Health courses.

This report highlights just some of the many successes the Pathways project has delivered, as well as taking the opportunity to thank our many funders, supporters and staff.



Mark Dale
Group CEO

CASE STUDY

Robert's Story

Robert initially came to Pathways' Workop hub in 2023 seeking help with employment and support with his mental health. Pathways Advisor, Maria helped Robert with creating a CV and the job application process, which resulted in Robert securing a job as a lorry driver.

Robert also needed support for his mental health from Pathways but due to his other medical conditions and a planned surgery, he decided to postpone this help for a later date, prioritising his employment situation at that time.

A few months later, Robert had planned surgery, after which, he spent a lot of time at home recuperating. Unfortunately, Robert's mental health declined, adding anxiety and isolation to his previous mental health conditions.

In September 2025, he visited Maria again, looking for support with his mental health and he was offered two options to aid his recovery: our Rebuilding Mental Health course and counselling. Robert was reluctant to try the Rebuild course due to anxiety around group settings, so he decided to start with counselling.

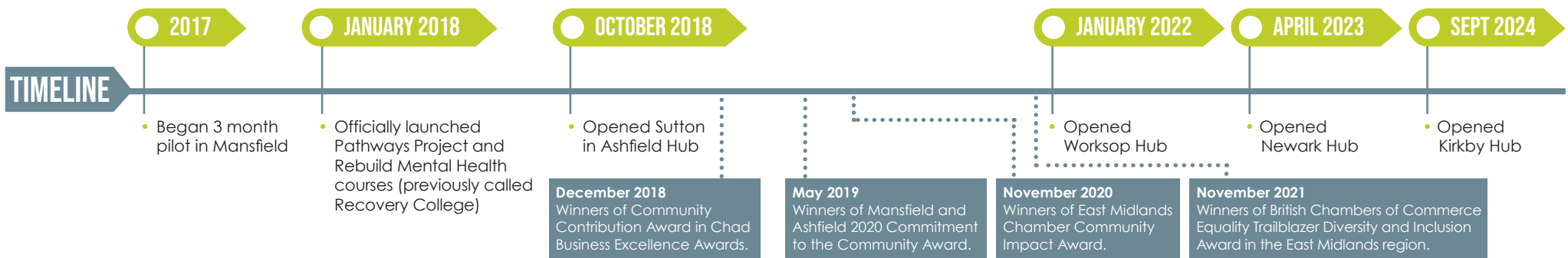
Robert's journey with Pathways continues today, he is still enjoying his employment as a lorry driver. He has thrived in counselling sessions and acknowledges how much these have helped him to overcome his mental health struggles.

Now, Robert is attending his appointments consistently, leaves the house more often other than for work, is willing to meet other groups of people and is looking forward to joining the next Rebuild Mental Health course, leaving his social anxiety behind.



“Pathways is my safe place. I would recommend the Rebuild course to anybody with low confidence. Admitting you have a mental health issue does not mean you are mental, it means you want to understand and learn how to help yourself.”

Client on the Rebuilding Mental Health Course in Sutton

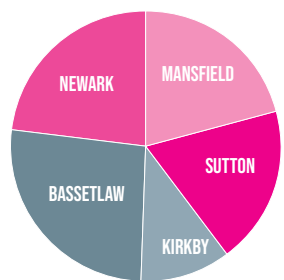


FACTS & FIGURES 2024/2025



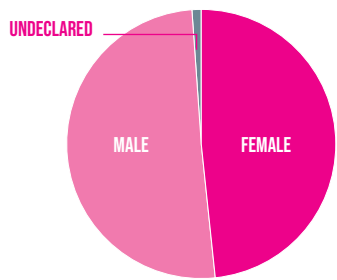
REFERRALS TO SERVICE IN YEAR: 674

PREPARATION FOR WORK PATHWAY



REFERRALS BY HUB

- 141 Mansfield (21%)
- 128 Sutton (19%)
- 72 Kirkby (11%)
- 178 Worksop (26%)
- 155 Newark (23%)



REFERRALS BY GENDER

- 326 Male (48%)
- 341 Female (51%)
- 7 Undeclared (1%)

114 JOBS SECURED FOR CUSTOMERS

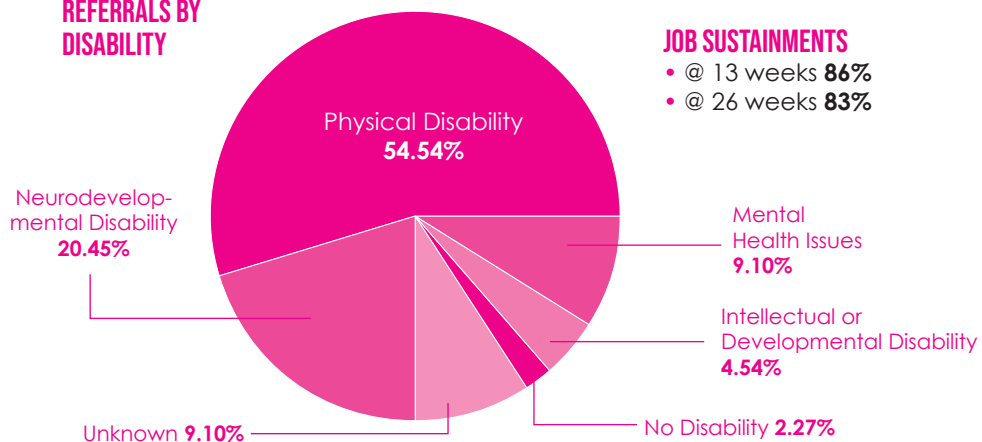
of those securing work attended our Recovery College/Rebuild Mental Health Courses

41%

JOB SUSTAINMENTS

- @ 13 weeks **86%**
- @ 26 weeks **83%**

REFERRALS BY DISABILITY



SUPPORTING EMPLOYERS PATHWAY

129

EMPLOYERS SUPPORTED US WITH RECRUITMENT THIS YEAR

REBUILDING MENTAL HEALTH PATHWAY

28

COURSES DELIVERED

324

ENROLMENTS ONTO COURSES

10

COUNSELLORS DELIVERING ACROSS THE HUBS

1090

1-2-1 COUNSELLING SESSIONS DELIVERED

HEALTH & WELL-BEING IMPACT

(Warwick Edinburgh Mental Well-being Scale)

LOW WELL-BEING

MODERATE WELL-BEING

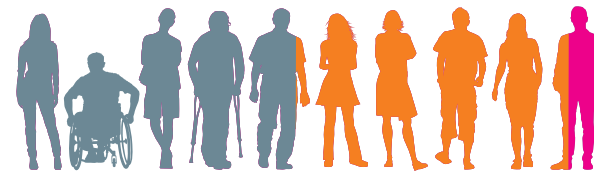
HIGH WELL-BEING

Proportions of customers in each group before and after intervention

BEFORE
PORTLAND PATHWAYS INTERVENTION



AFTER
PORTLAND PATHWAYS INTERVENTION



DISTANCE TRAVELLED

26% reduction in Low Well-being

23% improvement in Moderate Well-being

3% improvement in High Well-being

PORTLAND PROGRESS

18 STUDENTS STARTED AT THE BEGINNING OF 2024/25

16 GAINED 1 OR MORE QUALIFICATION

IN 2024/25:

- **74%** completion rate of qualifications taken
- Portland Progress ran **3 COURSES**
- **2 LOCATIONS:** Mansfield Library and Portland's Forest Road West Campus

QUALIFICATIONS ACHIEVED

- 6** NCFE Entry 3 Diploma in Occupational Studies for the Workplace
- 2** AIM Entry Level 3 Diploma in Employability Skills
- 7** NCFE Level 1 Award in Volunteering
- 1** AIM Level 1 Employability Skills Diploma
- 4** NCFE Level 2 Award in Volunteering
- 6** NCFE Level 2 Certificate in Health & Social Care

MULTI-AWARD-WINNING SERVICE

Since starting the Pathways pilot in 2017, our overall objective has been to promote independence, health and well-being and employability and provide vulnerable people with better futures. Portland Pathways has been recognised for its huge impact by several prestigious awards.



THANK YOU TO OUR SUPPORTERS

Special thanks to our supporters who have helped us to deliver the Portland Pathways initiative:



- Funded by UK Government Shared Prosperity Fund
- COMMUNITY FUND
- ACT Foundation
- The Nineveh Charitable Trust
- The BNA Charitable Incorporated Organisation

INDIVIDUAL SUPPORTERS:

- **I. Waterfield:** Legacy donation of Waterfield House, accessible lift and revenue funding.

CORPORATE SOCIAL RESPONSIBILITY

How your business can support your local charity

Portland Charity is a specialist college and registered care home for people with disabilities and associated learning difficulties. As a registered charity we have to raise thousands of pounds each year to buy specialist equipment and therapies to enhance the lives of our learners and citizens.

Here are just a few ways your business could help hundreds of disabled people...

But it's not just cash donations that your business can help with. There are many individualised partnership options for your business and we would love to hear your ideas and work with you to create a perfect partnership.

- **Employee Fundraising**
- **Volunteering**
- **Donating Materials or Services**
- **Payroll Giving**
- **Work Experience Placements**
- **Choosing Portland as your Charity of the Year**

If you would like to support Portland Charity, we'd love to hear from you.

Please contact us to discuss your ideas on **01623 499111 ext 246** or email graceturner@portland.ac.uk

How Portland Pathways can help you...



PREPARING FOR WORK

We can help you find and retain the right job for you, through job application and CV writing support, interview preparation and improving your employability skills.

SUPPORTING EMPLOYERS

We can support your business to become more accessible for people with disabilities. We can help you recruit staff and apply for Access to Work funding to support your workforce.



REBUILDING MENTAL HEALTH

Our courses will provide you with strategies and techniques to help you manage your mental health in daily life, with access to ongoing support.

PORTLAND PROGRESS

We can help you to develop skills, confidence, work experience and independence for your future.



**WE COVER MANSFIELD, SUTTON-IN-ASHFIELD,
KIRKBY-IN-ASHFIELD, WORKSOP, RETFORD AND NEWARK.**



For more information or to find your nearest hub please visit www.portland.ac.uk/our-locations or call us on **01623 499193**

@portlandcollege  

www.portland.ac.uk