

NEWSTART ACTIVITIES

2023/24



An inclusive community programme, for beginners to experienced players, to come together through sports and the creative arts.

NEWSTART ACTIVITIES TIMETABLE 23/24



**BADMINTON
ENGLAND**
Newstart Theatre
Age 12+

Session 1
4.15pm - 5.15pm
£3.00 per session

Session 2
5.30pm - 6.30pm
£3.00 per session

(£5.00 for both sessions)



TAEKWONDO
Newstart Theatre
Age 16+

4.30pm - 5.30pm
£5.00 per session
(Limited places)



COOKING CLUB
Chestnuts 22
Portland learners
and citizens only

4.15pm - 6pm
£4.00 per session
(Limited places)



'SHINE' DRAMA
Newstart Theatre
Age 16-25

4.30pm - 6pm
FREE session



BOCCIA
Newstart Theatre
Age 12+

4.30pm - 5.30pm
£3.00 per session



**'OPEN VOICES'
CHOIR**
Newstart Theatre
For all ages

1.45pm - 3.15pm
£2.00 per session



MULTI-SPORTS
Newstart Theatre
Age 12+

4.30pm - 5.30pm
£3.00 per session



WALESBY FOREST
Air rifles, axe throwing,
archery, climbing
and more.

5.30pm - 7.00pm
£5.00
free travel from Portland
College - leave 4.30pm,
return 7.30pm.

If you are part of an external community group and are interested in a trip to Walesby, please let us know and we may be able to do a bespoke trip for you at a suitable day and time.



**SPECIAL OLYMPICS
BASKETBALL**
Newstart Theatre

10.30am - 11.30am

Please book your place with
jo@hoodsbasketball.com

TO BOOK
YOUR PLACE ON ANY
OF THESE SESSIONS,
PLEASE SEE THE
INFORMATION ON THE
BACK PAGE

You may need to bring support with you should
you need it, or depending on the session.

*Timetable subject to change

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SHINE DRAMA WORKSHOPS

from Nottingham Playhouse

What is drama? We play games, we tell stories, we dress up, we make friends, we have fun!

Newstart Theatre • 4.30pm - 6.00pm • FREE • Ages 16-25

TERM 1

Thursday 21st September 2023
Thursday 28th September 2023
Thursday 5th October 2023
Thursday 12th October 2023
Thursday 19th October 2023
Thursday 9th November 2023
Thursday 16th November 2023
Thursday 23rd November 2023
Thursday 30th November 2023
Thursday 7th December 2023

TERM 2

Thursday 11th January 2024
Thursday 18th January 2024
Thursday 25th January 2024
Thursday 1st February 2024
Thursday 8th February 2024
Thursday 22nd February 2024
Thursday 29th February 2024
Thursday 7th March 2024
Thursday 14th March 2024
Thursday 21st March 2024

TERM 3

Thursday 25th April 2024
Thursday 2nd May 2024
Thursday 9th May 2024
Thursday 16th May 2024
Thursday 23rd May 2024
Thursday 6th June 2024
Thursday 13th June 2024
Thursday 20th June 2024
Thursday 27th June 2024
Thursday 4th July 2024

NOTTINGHAM
PLAYHOUSE



Nottingham
City Council



Supported using public funding by
ARTS COUNCIL
ENGLAND

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OPEN VOICES CHOIR

from Music for Everyone

An incredible way for anyone to come together and connect through music and singing. Experience the music however you like, whether that's by singing or simply listening. We play pop songs to the classics!

Newstart Theatre • 1.45pm - 3.15pm • £2 per session • All ages

TERM 1

Friday 15th September 2023
Friday 22nd September 2023
Friday 29th September 2023
Friday 6th October 2023
Friday 13th October 2023
Friday 20th October 2023
Friday 10th November 2023
Friday 17th November 2023
Friday 24th November 2023
Friday 1st December 2023
Friday 8th December 2023

TERM 2

Friday 12th January 2024
Friday 19th January 2024
Friday 26th January 2024
Friday 2nd February 2024
Friday 9th February 2024
Friday 23rd February 2024
Friday 1st March 2024
Friday 8th March 2024
Friday 15th March 2024
Friday 22nd March 2024

TERM 3

Friday 19th April 2024
Friday 26th April 2024
Friday 3rd May 2024
Friday 10th May 2024
Friday 17th May 2024
Friday 24th May 2024
Friday 14th June 2024
Friday 21st June 2024
Friday 28th June 2024
Friday 5th July 2024
Friday 12th July 2024

Music
for everyone

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FRIDAY CLUB NIGHT

6pm - 9pm

2023/24 DATES

September 22nd
October 20th • Halloween Party
November 17th
December 8th • Christmas Party
January 19th
February 23rd • Valentines Party
March 22nd
April 19th • 80s Party
May 17th
June 14th • Pride Party
July 12th • Hawaiian Summer Jam

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£3 entry on the door - carers/supporters free!

Under 18s must be accompanied by a responsible adult.
If you are aged 18+ you will need to bring a valid I.D.

Food and drink will be available to purchase throughout the evening from the licensed bar. Valid ID is required such as a passport, driving licence or pass accredited card.

ARE YOU LOOKING FOR A REHEARSAL OR PERFORMANCE SPACE?

Our state of the art Newstart Theatre can be hired out on a one-off or regular basis.

Extensive free parking, changing rooms, flexible space and access to the Portland Coffee Shop all available!

Contact newstart@portland.ac.uk
or 01623 499111 ext 512.

Newstart
Theatre



Your fully accessible forest adventure!

The Woodland Adventure Zone is an adventure playground, purpose built within the grounds of Portland College. Set amongst acres of pine trees within Sherwood Forest, it is a truly unique setting to have fun experiences and enjoy the outdoors.

Zip line | Climbing Wall | Abseiling

Leap of Faith | Bushcraft

Orienteering | Sensory Play

Woodland Walks | Team Building

Book your visit today!

T: 01623 499159

E: contact@woodlandadventurezone.com

www.woodlandadventurezone.com Follow us on





Portland
Community

**Newstart
Theatre**

For more information or to book your place on any of the sessions, scan the QR code and complete the application form or contact a member of the Newstart Team.

newstart@portland.ac.uk
or **01623 499111 ext 512**

You must become a member before attending any sessions.

