



EDI's Directory of Local Services



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Welcome

We want everyone to feel welcome at Portland College and to enjoy being part of our community, and we respect and embrace the fact that each one of us is different.

Whilst we work hard to ensure that we provide as much as possible for you on campus here at the College, we are conscious that people need access to a varied and diverse range of resources, activities and information that we cannot always provide. Therefore, this Directory of Local Services has been compiled to ensure that everyone that is a student, staff member, volunteer or visitor to Portland is aware of the range of facilities, amenities and services within the local area (within a 10-15 mile radius) available which may be of specific interest.

The directory is split into colour coded sections to enable you to easily locate useful contact numbers, places to shop, visit or join based on meeting your individual needs. We are not endorsing the organisations included in the guide, but are simply highlighting the range of opportunities available within Mansfield and the surrounding region.

Please give us your feedback, and if you have something which you feel may be of interest to fellow Portland people, then let us know and we can include this in the future.

We hope you enjoy the directory and find new and interesting places to visit, things to do and people to meet.



**Portland College EDI Committee
June 2010**

The following details were accurate at the time of production of this directory and are provided as a source of information only. Inclusion of any group or service is not an endorsement or recommendation.

EDI Committee cannot take responsibility for any changes that have occurred since compiling this directory.

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General Information on Local Area



If you have any information which you feel should be included in this section, please contact the EDI Committee.

E-mail: equality&diversitycommittee@portland.ac.uk

General Information on Local Area

EMERGENCY SERVICES

Portland College internal emergency contact

Telephone: 444

Mansfield Police Station

Great Central Road, Mansfield, NG18 2HQ

Telephone:

Emergency: 999

Station: 01623 420999

Fire and Rescue Service

Ashfield Fire Station

Sutton Road, Kirkby-in-Ashfield

Telephone:

Emergency: 999

Station: 01623 440055

Ambulance Service

Telephone: Emergency 999

Accident and Emergency Unit

Kings Mill Hospital, Mansfield

Telephone:

Main Switchboard: 01623 622515

Signing & translation services: 01623 672222

Doctors Surgery

30 Longdale Avenue, Ravenshead

Telephone: 01623 794222

**BANKS AND
BUILDING
SOCIETIES** –
with disabled
access/ services

| |
|--|
| <p>Abbey 52-54 Westgate, Mansfield, Nottinghamshire Website: www.abbey.com Telephone: 0845 7654321</p> |
| <p>Alliance & Leicester Stockwell Gate, Mansfield, Nottinghamshire Telephone: 01623 649911</p> |
| <p>Barclays Bank Plc 23 Market Place, Mansfield, Nottinghamshire Telephone: 01623 584071</p> |
| <p>Beneficial Finance 7-9 Leeming Street PAD, Mansfield, Nottinghamshire Telephone: 01212 144105</p> |
| <p>Bradford & Bingley 23 Market Place, Mansfield, Nottinghamshire Telephone: 01623 628338</p> |
| <p>Co-operative Bank Queen Street, Mansfield, Nottinghamshire Telephone: 01623 626269</p> |
| <p>Halifax 20-22 Stockwell Gate, Mansfield, Nottinghamshire Website: www.halifax.co.uk Telephone: 0845 7394959</p> |

HSBC

Portland Branch – Room 21 Learning and Skills Department

Mansfield Branch - 1 Leeming Street, Mansfield, Nottinghamshire

Website: www.hsbc.co.uk

Telephone: 08457 404404

Just 4 Mortgages

1 Clumber Street, Mansfield, Nottinghamshire

Email: gdu@just4mortgages.co.uk

Website: www.just4mortgages.co.uk

Telephone: 01623 622611

Lloyds TSB

2 Stockwell Gate, Mansfield, Nottinghamshire

Telephone: 01623 641333

Mansfield Building Society

Regent House, Regent Street, Mansfield, Nottinghamshire

Telephone: 01623 676300

Nationwide Building Society

Mansfield, Nottinghamshire

Website: www.nationwide.co.uk

Telephone: 08452 660511

**TRANSPORT
BUS SERVICES:**

| |
|--|
| Nationwide bus times Telephone: 0871 2002233 |
| Trent Barton Telephone: 01773 712265 |
| Stagecoach Telephone: 01246 211007 |
| Bus Passes Telephone: 01623 463111 |

**TAXI
SERVICES:**

| |
|--|
| Aaeron Cars 23 Kings Mill Way, Mansfield, Nottinghamshire, NG18 5ER Telephone: 01623 424088 |
| Abba Cars Coxmoor Farm, Derby Road, Kirkby-in- Ashfield, NG17 7QN Telephone: 01623 758827 |
| A B C Taxis Great Central Road, Mansfield, Nottinghamshire, NG18 2RJ Telephone: 01623 654321 |
| Five Two's Private Hire Taxis Sibthorpe Street, Mansfield, Nottinghamshire, NG18 5DE Telephone: 01623 655555 |

Elite Cars

23 Kings Mill Way, Mansfield,
Nottinghamshire, NG18 5ER
Telephone: 01623 420880

DIAL-A-RIDE:

Telephone: 0800 626217

LEISURE – with disabled access/services

Mansfield Library

Large Print, Music, Deaf Resources and much more.

Telephone: 01623 627591

Mansfield Museum

Stockwell Gate
Mansfield, NG18
1LG

Disabled access and facilities available.

Telephone: 01623 463088

Mansfield Superbowl 2000

Stockwell Gate
Mansfield, NG18
1LG

Bowling alley with disabled access and facilities available.

Telephone: 01623 462000

Odeon Cinema

Mansfield Leisure
Park,
Park Lane,
Nottinghamshire.
NG18 1BU

Wheelchair access throughout and wheelchair spaces are available in all screens, however spaces are limited, please phone for availability.

Adapted toilets for wheelchair users.

Induction loops in all screens.

Audio Description available in Screen 7.

Regular subtitled performances

Telephone: 01623 428033

Palace Theatre

Leeming Street
Mansfield
NG18 1NG

Wheelchair access in all areas for customers and performers, including the auditorium, upstairs lounge and orchestra pit (No access to the balcony due to steps).

Space for 7 wheelchairs. Two accessible

**CLUBS AND
DISCOS** - with access
and facilities for
disabled customers

toilets.
Hearing loop in box office, auditorium and
meeting room.
Telephone: 01623 633133

Illusions
21 Clumber Street, Mansfield, NG18 1NU
Telephone: 01623 657444

Liquid Nightclub
38 Clumber Street, Mansfield, NG18 1NY
Telephone: 01623 641311

Peregrine Discos
20 West Street, Arnold, Nottingham, NG5
7DD
Telephone: 0115 9205726

Purple Peach
Unique club-style night for people with
learning disabilities.
Telephone: 01623 644377

**PUBS AND WINE
BARS**

Larch Farm
2 Mansfield Road, Ravenshead,
Nottingham, NG15 9HA
Telephone: 01623 491987

Rushley Inn The Public House
Nottingham Road, Mansfield, NG18 4SN
Telephone: 01623 643847

Little John Inn

177 Main Road, Ravenshead, Nottingham,
NG15 9GS

Telephone: 01623 792670

Sherwood Ranger

Chapel Lane, Ravenshead, Nottingham,
NG15 9DH

Telephone: 01623 793040

George's Restaurant & Bar

7 Handley Arcade, Mansfield,
Nottinghamshire, NG18 1NQ

Telephone: 01623 622256

SUPERMARKETS:

Aldi

Station Street
Sutton-in-Ashfield

Lots of Italian, American, Chinese and German foods. Vegetarian & diet products available.

Asda

Sutton-in-Ashfield

A good selection of foods from around the world including Indian, Chinese, Italian, Thai and other countries.

Asda also stocks speciality and diet foods and has an online and delivery service.

Lidl

Station Street
Sutton-in-Ashfield

Stocks lots of German food plus food from other countries on promotion.

Morrison's

Sutton Rd Mansfield

Stock Chinese, Indian and Asian foods and a good range of diet foods.

Sainsbury's

A60 Mansfield

A selection of special diet foods including soya, dairy free desserts, kosher, vegetarian, weight watchers.

Sainsbury does also have an online and delivery service.

Tesco

Chesterfield Road,
Mansfield

Jubilee Way,
Mansfield

Most stores stock Chinese, Indian and Asian foods and diet foods. They don't stock kosher.

COUNCIL OFFICES:

Ashfield District Council

Urban Road,
Kirkby-in-Ashfield,
Nottinghamshire,
NG17 8DA

www.ashfield-dc.gov.uk

Telephone: 01623 450000

Mansfield District Council

Civic Centre, Chesterfield Road South,
Mansfield, NG19 7BH

www.mansfield.gov.uk

Telephone: 01623 463463

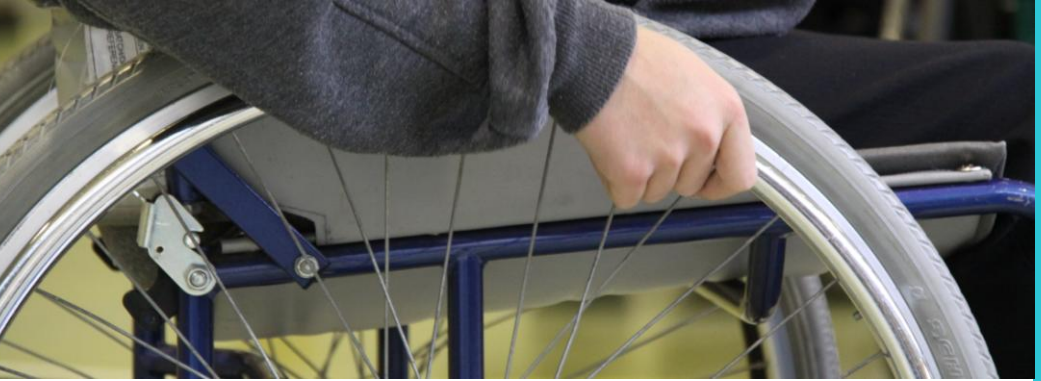
Member of Parliament

Gloria De Piero
8 Station Street, Kirkby-in-Ashfield,
NG17 7AR

Tel: 01623 720399

Email: gloria.depiero.mp@parliament.uk

Disability



If you have any information that you wish to be included in this section of the directory that you feel others would be interested in, please contact the EDI Disability Champion, Larry Brocklesby.

E-mail: larrybrocklesby@portland.ac.uk

**Access to
buildings for
Disabled
People**

Information Line.

Telephone: 01623 463077

Blue Badges

Telephone: 01623 433433

Telephone: 08449 808080

Care UK

Care UK specializes in providing high quality care and support to enable people to remain living in their own home and maintain their independence.

Stokes Business Centre

Blackwell Road

Huthwaite

NG17 2RL

Web: www.careuk.com

Telephone: 01623 557466

Fax: 01623 557502

Email: Nottingham@careuk.com

**Citizens
Advice
Bureau
22-24 Brunts
Business
Centre
Block B,
Samuel
Brunts Way,
Mansfield**

Entrance doors are heavy but assistance is available.

Minicom: 01623 627163?

Telephone: 01623 627163

**Disability
Information
Advice Line
(DIAL)**

1, Byron
Street,
Mansfield
NG18 5NX

DIAL provides a free, confidential and impartial service of information and advice on any aspect of disability to disabled people, family, friends, carers, professionals and students.

Email: advice@dialmansfield.org.uk

Telephone: 01623 658060

Fax: 01623 427753

Minicom: 01623 656556

Radar Keys

Telephone: 01623 625891

**Shopmobility
Four Seasons
Shopping
Centre
Mansfield**

The Shopmobility Scheme enables members with mobility difficulties to hire a self-propelled or battery operated wheelchair or scooter to travel around the town centre (there is a small hire charge). To join the scheme, visit the office at the Walkden Street car park, Mansfield.

Email: shopmobility@mansfield.gov.uk

Telephone: 01623 655222

Social Service

Telephone: 01623 625891

**Supported
Employment
in
Nottinghamshire
hire**

Providing employment opportunities and support for disabled people throughout Nottinghamshire County.

Email:

supported.employment.programme@Nottinghamshire.gov.uk

Web:

www.nottinghamshire.gov.uk/supportedemployment

Telephone: 0115 9773252

Telephone: 08449 808080

SHOPS - with access and services for disabled customers

BAKERIES

Birds the Confectioners
1a Westgate, Mansfield, Nottinghamshire
Telephone: 01623 655656

Cooplands
36 Four Seasons Shopping Centre, Mansfield,
Nottinghamshire
Telephone: 01623 643804

Family Bakers
Stockwell Gate, Mansfield, Nottinghamshire
Telephone: 01623 427778

Geoff Webster
21 Church Street, Mansfield,
Nottinghamshire
Telephone: 01623 625448

Greggs The Bakers
11a-13 Westgate, Mansfield,
Nottinghamshire
Telephone: 01623 623150

W H Smith
1 Four Seasons, Shopping Centre, Mansfield,
Nottinghamshire
Telephone: 01623 646057

Music Scene Mansfield Ltd
9a Albert Street, Mansfield, NG18 1EA
Telephone: 01623 631174
Telephone: 01623 654544

**BOOKS,
STATIONERY,
MUSIC AND
GAMES SHOPS –**
with access and
services for disabled
customers

CHARITY SHOPS

| |
|---|
| <p>The Works 21 Four Seasons, Shopping Centre, Mansfield Telephone: 01623 420538</p> |
| <p>Game Station 38a Westgate, Mansfield, Nottinghamshire Telephone: 01623 625908</p> |
| <p>Computer Retail 31 Albert Street, Mansfield, Nottinghamshire Telephone: 01623 648000</p> |
| <p>Game Jam 17 Regent Street, Mansfield, Nottinghamshire Email: info@gamejam.co.uk Web: www.gamejam.com Telephone: 01623 647888</p> |
| <p>Age Concern 26-28 Regent Street, Mansfield, Nottinghamshire Telephone: 01623 488201</p> |
| <p>British Heart Foundation 15 Regent Street, Mansfield, Nottinghamshire Telephone: 01623 652207</p> |
| <p>British Red Cross 10 Leeming Street, Mansfield, Nottinghamshire Telephone: 01623 428020</p> |
| <p>Help the Aged 28a Leeming Street, Mansfield, Nottinghamshire Telephone: 01623 656058</p> |

CHEMISTS

John Eastwood

Hospice Shop, Queen Street, Mansfield,
Nottinghamshire
Telephone: 01623 623423

Marie Curie Cancer Care

43a Westgate, Mansfield, Nottinghamshire
Telephone: 01623 662283

RSPCA

77 Westgate, Mansfield, Nottinghamshire
Telephone: 01623 422887

Boots

39 Four Seasons, Shopping Centre,
Mansfield, Nottinghamshire
Telephone: 01623 623089

Scope

12 Market Street, Mansfield,
Nottinghamshire
Telephone: 01623 627143

Helen M MacDonald

13 Church Street, Mansfield,
Nottinghamshire
Telephone: 01623 622141
Telephone: 0870 011 9898

Lloyds Pharmacy

6 Rosemary Street, Mansfield,
Nottinghamshire
Telephone: 01623 655442

Manor Pharmacy

40 Rosemary Street, Mansfield,
Nottinghamshire
Telephone: 01623 623785

FLORISTS – with access/ services for disabled customers

Superdrug
14-18 Stockwell Gate, Mansfield,
Nottinghamshire

Telephone: 01623 650404

Blooming Wonderful
2 Leeming Street, Mansfield,
Nottinghamshire
Telephone: 01623 659282

Goldsmith Flowers
4 Toothill Lane, Mansfield, Nottinghamshire
Telephone: 01623 626471

Jan's Flowers
73 Westgate, Mansfield, Nottinghamshire
Telephone: 01623 645837

Westby's Florist
19 Albert Street, Mansfield, Nottinghamshire
Telephone: 01623 623601

DRY CLEANERS

Imperial Dry Cleaning
21 Regent Street
Mansfield, Nottinghamshire

Telephone: 01623 428109

KARAOKE

Jade Promotions Karaoke & Disco
Dial Hotel
Market Place
Mansfield
NG18 1HX

Telephone: 01623 631228

**DVD AND VIDEO
RENTAL**

Moviezone

5 Milton Court, Ravenshead, Nottingham
NG15 9BD
Telephone: 01623 480069

**OFF LICENSES
AND WINE SHOPS**

Jenny Becketts

134 Southwell Road West, Mansfield,
NG18 4HB

Telephone: 01623 635961

TAKEAWAYS

Hoi Shan

9 Milton Court, Ravenshead, Nottingham,
NG15 9BD

Telephone: 01623 796944

Golden Bridge Chinese Takeaway

345 Nottingham Road, Mansfield, NG18
4SG

Telephone: 01623 632332

Bellamy Fish Bar

9 Egmonton Road, Bellamy Road Estate,
Mansfield,
NG18 4NW

Telephone: 01623 624027

Nick's Chippy

87, Westgate, Mansfield
Telephone: 01623 646562

Spice Of Canton

143 Nottingham Road, Mansfield, NG18
4AE

Telephone: 01623 621324

UNIVERSITY

Prima Donna Pizza

51, Leeming Street, Mansfield

Telephone: 01623 660896

Thinking of going to University?

Additional help is available for students with disabilities.

Web:

www.nottinghamshire.gov.uk/studentsupport

Telephone: 0115 9772277

Religion or Belief



The 'O' Zone provides a quiet space for people of all faiths and none. A small number of artefacts are available for people to use to enable private worship.

The College operates a fair usage Policy. If any individuals require privacy on specified dates and times then please contact Brian Harrison on the e-mail below:

On the following pages is a sample of local organisations, but the list is not exhaustive and there are many others within the local area.

If you have any information which you feel would be of interest to other people within this section of the directory, please contact the EDI Religion or Belief champion, Brian Harrison.

E-mail: brianharrison@portland.ac.uk

BAHAI

The official website has contact details of local clusters, including one in Gedling in Nottingham.

Website: www.bahai.org.uk

e-mail: nottinghambahais@bci.org

BUDDHISM

SGI-UK

Mapperley Park, Nottingham

www.chantingbuddhas.co.uk

Telephone: 0115 9623 009

Akshobya Buddhist Centre (NKT)

Pelham Road, Sherwood Rise,

Nottingham, NG5 1AP

Website: www.akshobya.com

Telephone: 0115 985 7356

Friends of the Western Buddhist Order

Nottingham Buddhist Centre

9 St Mary's Place, Nottingham, NG1 1PH

Telephone: 0115 956 1008

CHRISTIANITY

Anglican

St Mark's

Nottingham Road, Mansfield

Telephone: 01623 655548

St Mary Magdalene

Church Avenue, Sutton-in-Ashfield

Telephone: 01623 515107

Assemblies of God

Kirkby Community Church
Kingsway, Kirkby-in-Ashfield
Telephone: 01623 459431
Assemblies of God
Empire Street, Mansfield
Telephone: 01623 428979

Baptist

Baptist Church
Forest Street, Kirkby-in-Ashfield
Telephone: 01623 755305

Zion Baptist Church
Mansfield Road, Sutton-in-Ashfield
Telephone: 01623 554548
Mobile 0779 1473 948
Web: www.zionbaptistchurch.co.uk
Email: theeastsidecentre@btinternet.com

Church of England

St Peter's Church
Sheepwalk Lane, Ravenshead
Telephone: 01623 405203

Evangelical

Beeston Free Church
Salthouse Lane, Beeston
Telephone: 0115 925 8909

Jehovah's Witnesses

Kingdom Hall
23, Mill Street, Mansfield
Telephone: 01623 642020

Jesus Christ of Latter-
Day Saints

LDS Church
Hemphill Lane, Bulwell
Telephone: 0115 9274194

| | |
|--|--|
| Methodist | Blidworth Methodist Church Main Street, Blidworth Telephone: 01623 797939 |
| Pentecostal | Sherwood Forest Community Church Main Street, Blidworth Telephone: 01623 797733 |
| Roman Catholic | St George Warsop Lane, Rainworth |
| Salvation Army | Salvation Army Victoria Street, Mansfield Telephone: 01623 621990 |
| United Reform Church (formerly Congregational Church) | High Pavement Sutton-in-Ashfield Telephone: 01623 552340 |
| HINDUISM | Hindu Temple & Community Centre 215 Carlton Rd, Nottingham, NG3 2FX Telephone: 0115 911 3384 |
| ISLAM | Dar-us-Salaam 41 Sneinton Dale, Sneinton, Nottingham, NG2 4LG Telephone: 0115 912 1786, 0115 911 9178 E-mail darussalaam41@hotmail.com Web: www.darussalaam.org.uk Jamia Masjid Sultania 58 Thurgarton St., Sneinton, Nottingham, NG2 4AG Telephone: 0115 911 7601 |

JAINISM

Meadows Muslim Centre and Mosque
Collygate Road, Meadows, Nottingham,
NG2 2EJ
Telephone: 0115 9863245

No specific local groups. For more information on Jainism visit www.Jainworld.com

JUDAISM

Nottingham Progressive Jewish Congregation
Lloyd St, Nottingham, NG5 4BP
Telephone: 0115 962 4761

PAGAN - Including New Age, Druid & Wicker

Pagan Group
Telephone: 0115 9857222

RASTAFARIANISM

For more information on Rastafarianism visit www.rastafarian.net

SIKHISM

Sikh Community and Youth Service
Radford Unity Complex, 203 Ilkeston Road, Radford,
Nottingham, NG7 3FW
Telephone: 0115 915 8834
www.scys.org

TAOISM

The Tao Academy
219-223 Mansfield Road
Nottingham
NG1 3FT
Telephone: 0800 977 5118

**ZOROASTRIAN
(PARSI)**

No specific local groups. For more information on Zoroastrian groups, visit www.parsiworld.com

Race



If you have any information that you wish to be included in this section of the directory that you feel others would be interested in, please contact the EDI Race Champion, Dave Winter.

E-mail: davidw@portland.ac.uk

**Afro-Caribbean
National Artistic
Centre**

31 Hungerhill Rd,
Nottingham,
NG3 4NB

Community Centre which caters for all ages and encompasses a wide range of social, leisure and cultural activities.

Telephone: 0115 969 1364

**Association of
Caribbean Family
and Friends**

28 Beaconsfield St,
Nottingham,
NG7 6FD

Meeting place: Education and Cultural Centre Nottingham

Meeting times: Mon to Fri – 9am to 7pm

Telephone: 0115 970 6967

E-mail: acff@btconnect.com

**Indian Community
Centre**

Rawson Street, New
Basford, Nottingham
NG7 7FR

Offers a variety of services including luncheon clubs, welfare advice and visa and passport services.

Telephone: 0115 978 5985

Website: www.theicca.co.uk

E-mail: admin@theicca.co.uk

**Meadows Muslim
Group**

Meadows Muslim
Centre, Collygate
Road, The Meadows,
Nottingham
NG2 2ES

The group hold classes for adults and children. The centre gets used for sports activities, including pool and table tennis.

Email: meadowsmuslimcentre@hotmail.com

Telephone: 0115 9863245

**Nottinghamshire
Chinese Community
Association**

Offer a range of services including 7 star kung fu, lunch clubs, tai chi and basic computer skills courses.

Bramble Close, Off
David Lane, Basford,
Nottingham,
NG6 0QG

Telephone: 0115 9781101

Pakistan Community Centre

163 Woodborough
Road, St. Ann's,
Nottingham
NG3 1AX

The centre provides a five-day a week information surgery; a drop in centre for 4 days a week; a day centre and luncheon club for elders operates 3 days a week, and a youth club and volleyball club also run.
Telephone: 0115 958 2973

Polish Catholic Club

2 Sherwood Rise,
Nottingham,
NG7 6JN

Telephone: 0115 962 4859

Scandinavian Society

8 Boundary Rd,
West Bridgford,
Nottingham,
NG2 7BY

Telephone: 0115 923 5932

Sikh Community and Youth Service

Radford Unity
Complex,
203, Ilkeston Road,
Radford, NG7 3FW

Provides for the needs of the Sikh community in Nottinghamshire. The centre includes a free UK online centre, IT and computer training and cyber café. Youth club runs from 3pm to 6pm on Saturdays.

Email: jaspreetkaur1@yahoo.co.uk

Telephone: 0115 915 8834

FOODS FOR ETHNIC GROUPS:

The Portland College Catering team are happy to help students with special dietary requirements including vegetarian, gluten free, dairy free, allergies and cultural and religious requirements.

Please make an appointment to discuss your individual needs with a member of the Catering team.

There are, however, specialist food shops in the area, some of which are detailed below:

SPECIALIST FOOD SHOPS:

Iberian Delights

Radford Road
Hyson Green
Nottingham

Mediterranean Delicatessen.

Telephone: 01159 783376

E-mail: mail@iberiandelight.com

Website: www.iberiandelight.com

Many

Derby Road
Nottingham

Chinese supermarket.

Telephone: 01159 503998

Medina Food Stores

Radford Road
Hyson Green
Nottingham

Indian foods supermarket. Fresh fruit & vegetables. Halal meat supplier.

Telephone: 01159 780000

Persian Mini Market

Radford Road
Hyson Green
Nottingham

Indian, Caribbean and Polish foods.
Hair, beauty and household products.

Polish Delicatessen
308 Indoor Market
Victoria Centre
Nottingham

Delicatessen specialising in Polish products.

Tastees
Radford Road
Hyson Green
Nottingham

Largest Indian foods supermarket in the East-Midlands.
Fresh fruit & vegetables.
Halal meat supplier.

TY's Continental Store
205 Indoor Market
Victoria Centre
Nottingham

Afro-Caribbean foods.
Fresh foods & groceries.
Hair and beauty products.

Wilcox International
203 Radford Road
Hyson Green
Nottingham

African and Caribbean Groceries. Hair and beauty products.

FASHION, HAIR AND BEAUTY SPECIALIST SUPPLIERS:

African Hall

304 Radford Road
Hyson Green
Nottingham

Hairdressing Salon, clothing supplier and meeting place for African people.

Telephone: 01159 786161

The Rainbow Rooms

13 Bridgeway Centre,
The Meadows,
Nottingham NG2
2JD

Afro-Caribbean hairstylist. Caters for a variety of hair types and uses a range of styles including weaves, braids, chemical services and natural styling.

Telephone: 01159867100

Assia Hair

Radford Road
Hyson Green
Nottingham

Hair dressing salon.

Telephone: 01159 781476

Nutan Jewellers

Radford Road
Hyson Green
Nottingham

Asian jewellery shop.

Telephone: 01159 785634

Website: www.nutan.com

E-mail: sales@nutan.com

Zara'z

Radford Road
Hyson Green
Nottingham

Asian Clothing shop.

Telephone: 01159 788474

There are a number of other clothing retailers on Radford Road.

Health, Wellbeing and Lifestyle



If you have any information that you wish to be included in this section of the directory that you feel others would be interested in, please contact the EDI Committee.

E-mail: equality&diversitycommittee@portland.ac.uk

Gothic Shop
Church Street,
Mansfield

Supplier of clothing

Hetty's
Marlborough
House, 23
Woodhouse
Road,
Mansfield,
NG18 2AF

Drug and Alcohol information with helpline

Helpline: 08000 850 941
Text : 07896 228547

**Holland and
Barrett**
Four Seasons
Centre,
Mansfield

Health food store. Vegetarian and vegan groceries.

Website: www.hollandandbarrett.com
Tel: 01623 634543

**Holistic Health
Team**

Complimentary therapists.
Telephone: 01623 406272/ 07833 587091
www.holistichealthteam.com

Lizian
111 Indoor
Market, Victoria
Centre,
Nottingham

Supplier of crystals.

**Health Food
Store**
19 Leeming St,
Mansfield

Vegetarian and specialist food supplier and café.

Telephone: 01623 652224

**Screaming
Carrot**
42 Fox Hill
Road,
Forest Fields,
Nottingham

Vegetarian Bakery specialising in egg free, dairy free vegetarian fresh baked hand-made goods.

Vegetarian Groceries.

Telephone: 0115 910 3013

Website: www.screamingcarrot.co.uk

**Sports
Disability Unit**
Thoroton Road,
West Bridgford,
Nottingham
NG2 5FT

The sports disability unit, a department within the Nottinghamshire County Council's Culture and Community Services, aims to develop, enable and provide opportunities for all disabled people in Nottinghamshire. They publish a directory of local sports clubs with disabled access, a copy of which is available in the leisure centre office

Telephone: 0115 977 2885

E-mail:

sports.disability@Nottinghamshirecc.gov.uk

Sumac Centre
245 Gladstone
St, Nottingham

Provides information and resources for vegetarians and vegans.

Pure vegetarian café.

Telephone: 01159 608254

E-mail: sumac@veggies.org.uk

Website: www.veggies.org.uk/sumac

Sexual Orientation



If you have any information that you wish to be included in this section of the directory that you feel others would be interested in, please contact the EDI Sexual Orientation Champion, Lynne Sheldon.

E-mail: lynnesheldon@portland.ac.uk

SUPPORT AND COUNSELLING:

Buddies

The Health Shop,
12 Broad Street,
Nottingham NG1
3AL,

Practical, emotional and social support for people living with HIV and AIDS, and their carers. Open to anyone living within the Nottingham Health District. Those wanting a Buddy or wanting to volunteer should contact the co-ordinator.

E-mail: notts.buddies@nottinghamcity-pct.nhs.uk

Telephone: 0115 955 5302

Healthy Gay Nottingham (formerly Gai Project)

Health Shop,
Broad Street,
Nottingham
NG1 3AL

Gay and bisexual Men's health project. Range of services including short term one-to-one support and counselling.

Telephone: 0115 9476868

E-mail: gaiproject@nottinghamcity-pct.nhs.uk
www.healthygaynottingham.org.uk

FFLAG (Friends and Families of Lesbians and Gays)

PO Box 495,
Little Stoke,
Bristol, BS34 9AP

Provide support for parents coming to terms with lesbian or gay children.

Telephone 0845 652 0311

E-Mail: info@fflag.org.uk

Web: www.fflag.org.uk

**North
Nottinghamshire
LGB
Development
Group**

Newark and
Sherwood CVS, 85
Millgate, Newark,
Nottinghamshire,
NG24 4UA

A group made up of representatives of various Nottinghamshire LGB voluntary and statutory organisations and individuals who are working for improvements for LGB people in Nottinghamshire – particularly North Nottinghamshire (Mansfield, Ashfield, Newark & Sherwood, Bassetlaw).

www.nottinghamshirelgb.org.uk

Telephone: 01636 679539

**Nottingham &
Nottinghamshire
Lesbian & Gay
Switchboard c/o
VAC,**

7 Mansfield Road,
Nottingham
NG1 3FB

Information on pubs, clubs, social groups, support groups and services, accommodation, legal issues, police liaison, TV/TS, HIV/AIDS/safer sex, “coming out”, publications, flat/house share or just someone to talk to. Switchboard also provides training on LGB issues for other organisations.

Information on how the law affects you. Mon – Fri 7pm – 10 pm

www.nottinghamshirelgs.org.uk and

www.nlgshistory.ik.com

E-Mail

Nottinghamshire@lgswitchboard.fsnet.co.uk

Telephone: 0115 9348485 or 01623 621515

**North
Nottinghamshire
Outreach Project**

A service provided by a statutory health agency for gay and bisexual men and “men who have sex with men”.

Provides: information & support on safer sex & coming out, condoms/lube, support group, HIV/AIDS information, one to one advice in crisis situations, outreach services to cottaging/cruising sites, training and awareness for local agencies.

Drop in facility every Thursday 1-6pm

Telephone: 01623 442262

Answerphone: 07748 325909 or 07747 78115

**Nottingham
Counselling
Centre**

32 Heathcoate
Street, Nottingham
NG1 3AA

NCS counsellors span a variety of backgrounds reflecting the diversity of the community.

Telephone: 0115 950 1743

**GU Medicine
Departments**

Kings Mill
Hospital,
Mansfield Road,
Sutton-in-Ashfield,
Mansfield
NG17 4JL

These are departments run by a statutory health service. They offer clinics for sexually transmitted infections, providing testing, treatment, and information. Counselling is provided when necessary.

Kings Mill Hospital : 01623 672260

Nottingham City Hospital: 0115 962 7744

Positive Links Support

Mansfield CVS,
Community House, 36 Wood Street, Mansfield, Nottinghamshire, NG18 1QA

Offers practical support to people with HIV/AIDS or hepatitis C and also to their friends, families and carers.
Telephone: 01623 824993

Relate (Mansfield)
84 Nottingham Road, Mansfield NG18 1BP

Willing to counsel lesbian/gay couples and couples in mixed gay/heterosexual relationships.

There is a £10 registration fee and the fees for further counselling sessions are arrived at by negotiation.

Telephone: 01623 636553

Speakeasy
24-32 Carlton Street, Nottingham

Counselling for anyone aged 13-25 living within Nottingham or surrounding area. Any issues. One-off, short term, long term and emergency counselling available by appointment.

Telephone: 0115 992 6102

LGB Youth Group (Mansfield)

The group is called 'Techno Chances'. It meets in Mansfield on the 1st Tuesday of the month 4-7pm. There are facilities for one-to-one support at other times by arrangement. In abeyance but hopefully will be revived soon. Contact North Nottinghamshire Outreach Project for further details.

Paul Lewsey 07748 325909 or Andrew 07747 78115.

SOCIAL:

And Why Not
Leeming Street
Mansfield

Gay Friendly Pub:
Gay night every Wednesday at the Late Lounge

Cheeky Monkey
Pre-club drinks on a Wednesday
Telephone: 01623 633330

Ball Bois

Football Association
www.nottinghamballbois.org
Telephone 07828 014952
E-Mail info@nottinghamballbois.com

Bears in the Forest

www.bearsintheforest.com

Breakout
Health Shop,
Broad Street,
Nottingham

Social group for gay and bisexual men of all ages.
Meets weekly on Tuesdays at 8pm.
www.breakoutnottm.org.uk
Telephone: 0115 947 6868 (day) or Switchboard 0115 9348485

Broadway Cinema
14 Broad Street,
Nottingham

Arts cinema, frequently showing 'gay interest' films.
Their café is LGB friendly.
Telephone: 0115 952 6600/6611
www.broadway.org.uk

**Chameleon
Group**

Temple
Community
Centre,
Nottingham
Road, Nuthall,
Nottingham,
NG16 1DP

Cross-dressing group with changing facilities and bar. Chameleons is one of the longest established support groups of the TS/TV community in the UK.

Second and fourth Thursdays of each month.

Website:

www.nottinghamchameleons.moonfruit.com or

Email: nottinghamchameleons@yahoo.co.uk

Telephone: 07896 133461

East Mercia MSC

PO Box 9009,
Nottingham
NG1 9BN

A club for gay and bisexual men into fetish wear.

www.emmsc.org.uk

Fuze@Oceana

Lower Parliament
St. Nottingham

Nightclub – Gay Night.

Every 1st Weds 10pm - 3am.

E-mail: info@fuze-events.co.uk

**Gay Outdoor
Club (East
Midlands)**

Organises hikes/rambles of a not too strenuous nature at weekends in the East Midlands area. Contact Nottinghamshire Switchboard for numbers etc.

www.goc.org.uk

**Gay Women's
Walking Group**

Monthly walks ranging from 4 – 8 miles organised throughout North Nottinghamshire.

Email nwalkers@yahoo.co.uk

Telephone: 07961 847091

Hiking Dykes

Organises regular walks, often in Derbyshire, usually on the 3rd Sunday of the month.

www.nottinghamhd.homestead.com

e-mail: hyking@celiac.clara.co.uk

Telephone 0115 934 8485

LAFS (Lesbians in Ashfield Friendship and Support)

Informal group run by lesbians, for confidential chat, gain information/support, make new friends and have fun, in a safe accessible women only place.

Meet last Wednesday of each month.

Telephone: 0784 9798802 or Alison on 01623 473010

Lesbian Christian Movement

LGCM Nottingham meets 3rd Friday of the month, and on other varying occasions as detailed on their leaflets. Contact Nottinghamshire Switchboard for contact details and their programme of events.

E-Mail nottinghamlgcm@hotmail.co.uk

LIFT (Lesbians Into Food & Talk)

Meets monthly at various places.

Contact Nottinghamshire Switchboard for phone numbers etc.

Link Nottingham

This is an e-mail group for women. Can also be used by us/other organisations to send out information to women.

www.linknottinghamshire.org.uk

Lookout!

C/O The
Women's Centre,
30 Chaucer Street.
Nottingham

A quarterly lesbian newsletter, with news, articles, and listings of interest to lesbians and bisexual women.

E-mail: Lookoutmag@hotmail.com

Lord Roberts

Broad Street,
Nottingham

Gay/mixed bar

DISABLED ACCESS: level access from entrance on Old Lenton Street. One step down to the toilets.

Telephone: 0115 941 4886

Bears in the Forest

A night for bears, cubs, chubs and chasers in Nottingham.

www.bearsintheforest.com

East Mercia MSC

We welcome guys wearing leather, rubber, skinhead kit, sports kit, uniform (Nazi uniforms and insignia prohibited), western and work gear. Footwear: Boots/shoes or appropriate sports footwear only (black trainers will be allowed for those wearing sports kit only)

Meets 2nd Friday of the month

www.emmsc.org.uk

Flying Colours

Flying Colours Investment Club is a group of gay guys who are interested in the stock market
Meet each month on the last Thursday at 8.30pm

Contact the secretary at: esp369@ntlworld.com

NG1
76-80 Lower
Parliament Street,
Nottingham
NG1 1EH

Large, stylish gay club with 2 dance floors
DISABLED ACCESS: Full disabled access with lift to upper levels.

Telephone: 0115 958 8440

NICHE
Corner of
Huntingdon Street
and King Edward
Street,
Nottingham

Gay bar.
DISABLED ACCESS: Step up into main bar
Telephone: 0115 958 5883

THE HOLE at Niche
Men only bar aimed at the slightly older crowd
www.thehole-bar.com

Grizzly
Meets on the 3rd Thursday every month at 8pm.
www.grizzly-nottingham.co.uk

**Nottinghamshire
Lesbian Book
Club**

Meets on the last Saturday of each month at 11am at Fade Café on Mansfield Road, Nottingham.
For further details e-mail: julia698@hotmail.com
Telephone: Julia on 07961 847091 or Kim on 07968 542715

**Nottingham
PRIDE**

A not-for-profit organisation: Nottingham Pride LGBT Festival. Volunteers always needed.
www.nottinghampride.co.uk

Older Gay Men's Group

Social and support group for gay and bisexual men 50+. Meets 3rd Sunday of the month.

E-mail:

healthygaynottingham@nottinghamcity.nhs.uk

Healthy Gay Nottingham: 0115 947 6868
(formerly Gai Project)

Outburst

Outburst Worker
for the Youth
Service
Nottingham City
Council
2nd Floor Central
Library, Angel
Row. NG1 6HP

A group for lesbian, gay and bisexual young people up to the age of 21.

The group meets weekly on Mondays at base 51 on Glasshouse Street.

E-Mail outburst@nottinghamcity.gov.uk

Telephone: 07940 761 160 or 0115 915 2882

PINK!

China ,
Chapel Bar
Nottingham

Women only disco on 1st Saturday of the month.

www.Purple.co.uk

QB

Health Shop
7, Mansfield
Road, Broadway,
Nottingham

Nottingham's Queer Bulletin LGBT bi-monthly free news sheet.

Can be seen online at: www.nlgshistory.ik.com

Send any contributions to Lesbian and Gay Switchboard by post or e-mail.

Something Social

Badminton Social: a weekly 2 hour meeting at Victoria Leisure Centre.

Eat Out Social: an occasional dinner club

Real Ale Social: a monthly pub meet for real ale fans

Tardis Social: for Dr Who/Torchwood fans

Arts Social: for those interested in theatre/film/music

Details from: www.somethingsocial.co.uk

**Switchboard
Scene Tour**

This is run on an ad hoc basis. Two or three Switchboard volunteers will run a scene tour/pub crawl as a way of introducing newcomers to the scene. The caller must be able to leave a contact number to enable the organisers to liaise with each other and then to call back the caller to arrange a mutually convenient time.

Telephone 0115 934 8485

The Foresters Inn
183 Huntingdon
Street,
Nottingham

Gay friendly pub with disabled access: level access into main bar, one step down to lounge bar.

Telephone: 0115 941 9679

**The New
Foresters**
18 St Anns Street,
Nottingham
NG1 3LX

Mainly lesbian bar. Male and female welcome. Occasional women only nights

DISABLED ACCESS: one step up for main access or ramp into lounge bar, one step to beer garden.

Telephone: 0115 958 0432

**Women's
Badminton Club**

All levels welcome. Takes place Saturday, 9am,
and Thursday, 9pm.
City Centre location. Contact Nottinghamshire
Switchboard for phone numbers.

Zeus Sauna

Exclusively for gay and bisexual men.

www.gay-mansfield.com

Telephone: 01623 422257

@D2
74 Lower
Parliament Street,
Nottingham
NG1 1 EH

Gay Bar.
Disabled users: full disabled access via rear door.

0115 950 2727

SERVICES:

**Adoramus
Christian
Ministries**

68 Talbot Street,
Pinxton
NG16 6PD

Rev Richard Sanders and father Peter White available for blessings, commitment ceremonies, spiritual awareness, baptisms, funeral services and Christian support of a positive nature for gay men and lesbians. ALL communities warmly welcomed.
Telephone: 01773 780539

**Baguley Brothers
Funeral Directors**

Member of the Gay Business Association and one of the sponsors of the National Gay Funeral Advice Helpline
Telephone: 0115 960 5197

**Banna Lesbian
Housing**

Reasonably priced lesbian housing and accommodation in Nottingham

**Castle Marina
B&B**

19 Plover Wharf,
Castle Marina,
Nottingham
NG7 1TL

Gay B & B. Also lesbian friendly.
Telephone: 07719 227 145

Delta Products
147 Radford Road,
Hyson Green,
Nottingham

Range of goods, publications and DVDs for purchase.
Telephone: 0115 978 3567

Fairhaven Hotel
19 Meadow Road,
Beeston,
Nottingham

Gay-friendly hotel run by gay men.

Telephone: 0115 922 7509

**Gay Friendly PC
Repair**

Contact Ally Moizer. Details on her website
www.nottinghampcdoctor.co.uk

**Reflections Health
Club**
1a Station House,
Crocus Street
Nottingham

Men only.

Bear Sunday – 1st Sunday of each month.

LEGAL:

Civil Registration of Partnerships

Mansfield Registry Office

Dale Close, 100 Chesterfield Road South,
Mansfield, Nottinghamshire, NG19 7AQ.
Telephone: 01623 476564

Nottingham Registry Office

50 Shakespeare Street, Nottingham.
Telephone: 0115 947 5665

Community and Neighbourhood Protection Service

Helps with various types of harassment.

Telephone: 0115 915 2020

Trans-Action

C/O Self Help
Nottingham
32-36 Pelham Street
Nottingham NG1
2EG

Transgender action group run by Jenna Clifton. A source of information and support if you have problems due to being transgendered and a conduit to the Police, the local health Authority and the Health Services (NHS and Private).
Trans-action does NOT organise social events.

trans-action@clara.co.uk

Will Making Service

Complete will writing for Gay people.

jayandservices@yahoo.co.uk

**Homophobic
Incident reporting
line**

If it is an emergency, use 999, otherwise use the free phone number 0800 085 8522. If you leave contact details, you will be contacted by an officer who has been trained to deal with homophobic incidents. The officer will only speak to you. The officer will not give details of why you called to anyone else who might answer your phone or leave messages on your answerphone.

You can make anonymous reports by contacting **Nottinghamshire Switchboard** or the **Gai Project** and asking them to fill in a third party reporting form for you.

Victim Support
2 King Edward
Court, King Edward
Street, Nottingham,
NG1 1EL

Victim Support now has people trained to help LGB people.

Telephone: 0115 852 3508.

Age and Sex



If you have any information that you wish to be included in this section of the directory that you feel others would be interested in, please contact the EDI Sex Champion, Rachael Harvey or the EDI Age Champion, Lisa Emmerson.

E-mail: rachaelharvey@portland.ac.uk
lisaemmerson@portland.ac.uk

Acas

Provide advice and guidance about employee rights at work and age issues.

Telephone: 0845 7474747

Age Concern

Astral House
1268 London Road
London
SW16 4ER

Information line that offers detailed written information to older people and their families on a range of issues including benefits, care and housing.

Free phone: 0800 00 99 66

www.ageconcern.org.uk

Age Positive**Team**

Room N10
Moorfoot
Sheffield S1 4PQ

Department for Work & Pensions.

agepositive@dpw.gsi.gov.uk

Telephone: 0113 232 4444

The Employment Equality (Age) Regulations
08702 42 90 90

Community**Engagement Team**

Activities

Telephone: 01623 463372/ 3479

Email:

communityengagement@mansfield.gov.uk

Help the Aged

207-221
Pentonville Road,
London
N1 9UZ

Head Office Telephone: 020 7278 1114

info@helptheaged.org.uk

Closest Store: 28a Leeming Street, Mansfield,
NG18 1NE

Telephone: 01623 656 058

**Mansfield and
Ashfield Women's
Aid (MAWA)**

The Mansfield And Ashfield Safety Centre is a one stop information centre for women and their children who are living with Domestic Abuse or needing help after escaping Domestic Abuse.

MASC Reception: 01623 683250
MASC: 01623 683252/58
Outreach: 01623 683256/57
Children's Outreach: 01623 683254/55

Ministry of Justice
6th Floor,
Selbourne House,
54, Victoria Street
London
SW1E 5QW

Human Rights Team
Email humanrights@justice.gsi.gov.uk
Website: www.humanrights.gov.uk/

General enquiries: 020 7210 8500
Helpline: 020 7210 1437

Sorted
Drug Service
provided by the
PCT

Sorted is a non prescribing Tier 2/3 drug service for current and ex drug users who are over 18, covering Ashfield, Bassetlaw, Mansfield and Newark and Sherwood.

Telephone: 01623 633510
There is also a 24 hour crisis helpline: 0808 1561 262.

SureStart
54-56 Sanders Av,
Mansfield,
NG18 2DN

Support & Information for parents and carers of Children aged under 4.

Telephone: 01623 486982

W.A.M.

Laurel House,
Ransom Wood
Business Park
Southwell Road
West
Rainworth,
Mansfield
NG21 OER

‘What about me?’

Support & advice for young people aged 5-19 who are affected by someone else’s substance abuse.

Tel: 01623 635326
Text: 07970 724165

www.what-about-me.co.uk

Women’s Aid

PO Box 391
Bristol
BS99 7WS

Women's Aid is an organisation whose mission is to advocate for abused women and children and to ensure their safety - and who provide a domestic violence helpline

info@womensaid.org.uk

24 hour free phone: 0808 2000 247 or 0117 944 4411

www.womensaid.org.uk

Women’s Institute

Trent Bridge
House
Beastmarket Hill
Newark
Nottinghamshire
NG24 1BN

Nottinghamshire Headquarters: 01636 673 550

Local branches in:

Ravenshead, Blidworth & Rainworth, Kirkby-in-Ashfield and Sutton-in-Ashfield

Youth Hostel**Sherwood Forest Youth Hostel**

6, Sherwood Forest Art & Craft Centre,
Edwinstowe, Mansfield, NG21 9RN. 01623 825794

Karibu Trust Foyer

Karibu Ho/Duke St, Nottingham, NG7 7JN.
0115 911 0770

Igloo Backpackers Hostel

110 Mansfield Rd, Nottingham, NG1 3HL.
0115 947 5250

Coming Soon!

There have been new strands added to EDI following an update to the Equality Bill. These are:

- Socio-Economic Duty
- Pregnancy and Maternity
- Gender Reassignment
- Marriage and Civil Partnership

The EDI Committee is currently compiling information around these areas of EDI and these will be included within the next version of this directory.

If you would like to add anything to the directory in these subjects or any other, please contact any member of the EDI Committee.